

Teaching the Art of Giving



Beverly Weathington, LMSW
MPSI, Healthier Urban Families,
Program Coordinator



www.mpsi.wayne.edu



Why Volunteering is Important

Helps Child Develop

- Empathy
- Understanding of others
- Cooperation
- Time management
- Problem solving
- Self-efficacy- I can do it!
- Self Esteem

Long-Term Effects of Volunteering

Volunteering as children can lead to adults feeling more:

- Responsible
- Assertive
- Grateful
- Patient
- Content



How You Can Introduce Volunteering

- Volunteer yourself
- Point out acts of kindness
- Start at home
 - Rake a neighbor's leaves
 - Donate used but good toys
 - Do a craft with the neighbor children

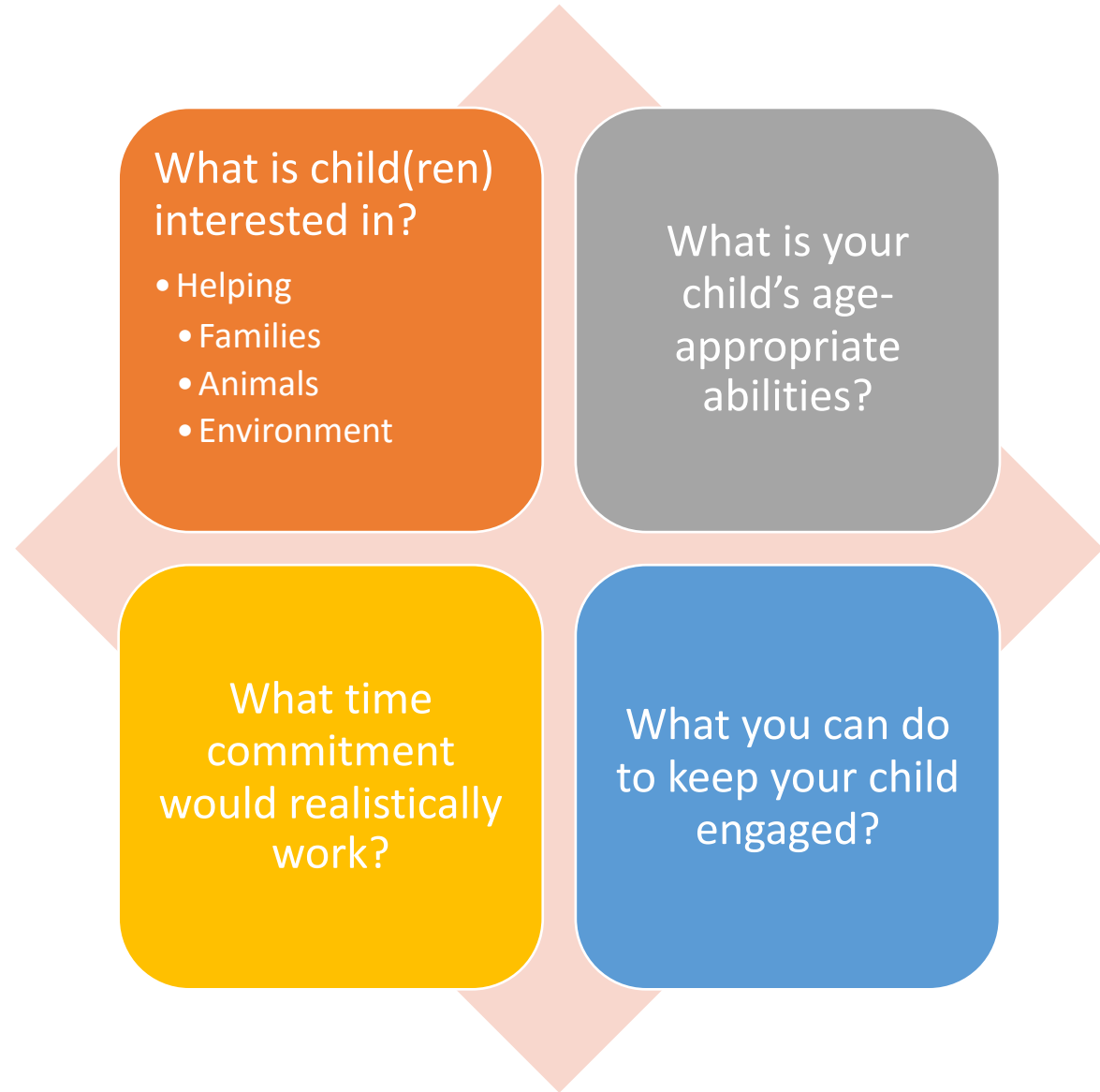


Your Relationship with your Child is the Foundation

Children learn about themselves and the world from us. Be sure to demonstrate

- Infant/toddler
 - Warmth and kindness
- Preschoolers
 - Helping behaviors and sharing
- School Aged
 - Understanding of your child's and other's perspective
- Adolescent
 - Being thoughtful and showing gratitude

Things to Think About Before Signing UP



Where to Find Volunteer Opportunities

- School
- Place of worship
- Food banks
- Community clean ups
- Library
- Senior housing and programming
- Animal shelters
- Fundraising walks/runs



Share Your Child's Talent



DRAWING



MUSIC



SOCIALIZING



TUTORING

Celebrate Your Child's Efforts and Recruit Others

Share the effort and benefit that your child is making and invite others to join in:

- Family members
- Friends
- Neighbors
- Place of worship



When Child Does Not See Immediate Change Due to Volunteer Efforts

Point out importance of

- Small steps
- Persistence
- Hard work



Teaching the Art of Giving



Beverly Weathington, LMSW
MPSI, Healthier Urban Families,
Program Coordinator



www.mpsi.wayne.edu

