

PANDEMIC DADS

A SUPPORT GROUP FOR FATHERS

TOPICS INCLUDE:

- MANAGING WORK, FINANCES & OTHER STRESSORS
- TAKING CARE OF KIDS & FAMILY
- COPING & STRESS SURVIVAL

Online, drop-in group, free of charge

Wednesdays 11:00am-12:00pm, May 13-June 17

Available to any dad with kids aged 12 & under

To join contact Chris Sanderson: cssander@med.umich.edu