

Healthier Urban Families Outreach Program



Beverly Weathington, LMSW



Celebrations are Important to Families



- You are important
- Your are recognized
- Your are accomplished
- We are proud

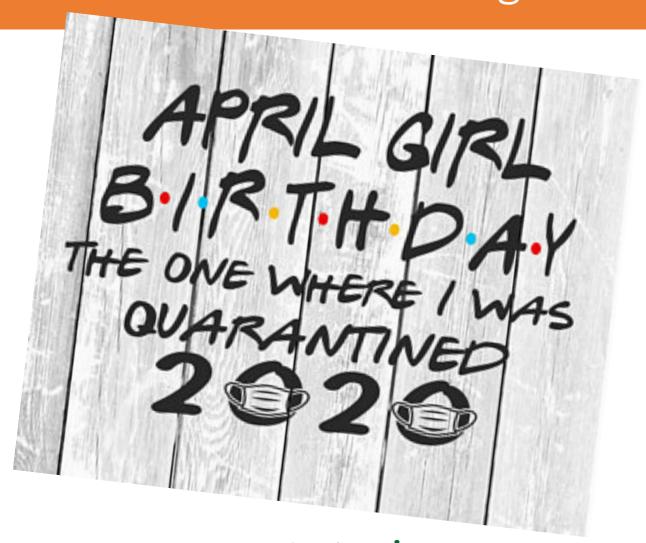


Children and Youth Love Celebrations

- Anticipation
- Recognition
- Fun with family and peers
- Gifts



Our New Social Distancing Normal



Prom and Graduation are Important



Excitement throughout senior year



Rite of passage



Youth and family pride



Anticipated social events

When Celebrations Can't Happen in Normal Way: Acknowledge your Child and Youth's

Disappointment

Feelings of Unfairness

Feelings of Why Me?

Confusion

Anger



Then: Work Together to Creatively Celebrate

- Show excitement within your household
- Start a celebration planning committee
 - Your child
 - Your child's friends
 - Family members
 - Teachers or other adults important to your child



Let Other's Know of Your Child/Youth's Event



Make and send paper or e/announcements



Make yard or garage grad signs



Decorate your car



Pictures and Tributes from Family/Friends

Favorite picture of child/youth

Funny stories about child/youth

Best thing about child/youth



Gift Giving Opportunities



Very specific suggestions



Gifts that can be delivered by mail



Consider e-gift cards



Consider financial challenges of others







Your Family is Left with Knowing

- Something big and important has happened
- In spite of changes in the world, joyful things still happen
- People are at least as important as the event
- There are times in life where we are flexible and simply do our best
- Acknowledging change helps your child/youth to grow and move on



If you would like additional information, please contact me



Beverly Weathington, LMSW
313 664-2526
or
ac8787@wayne.edu

www.mpsi.wayne.edu