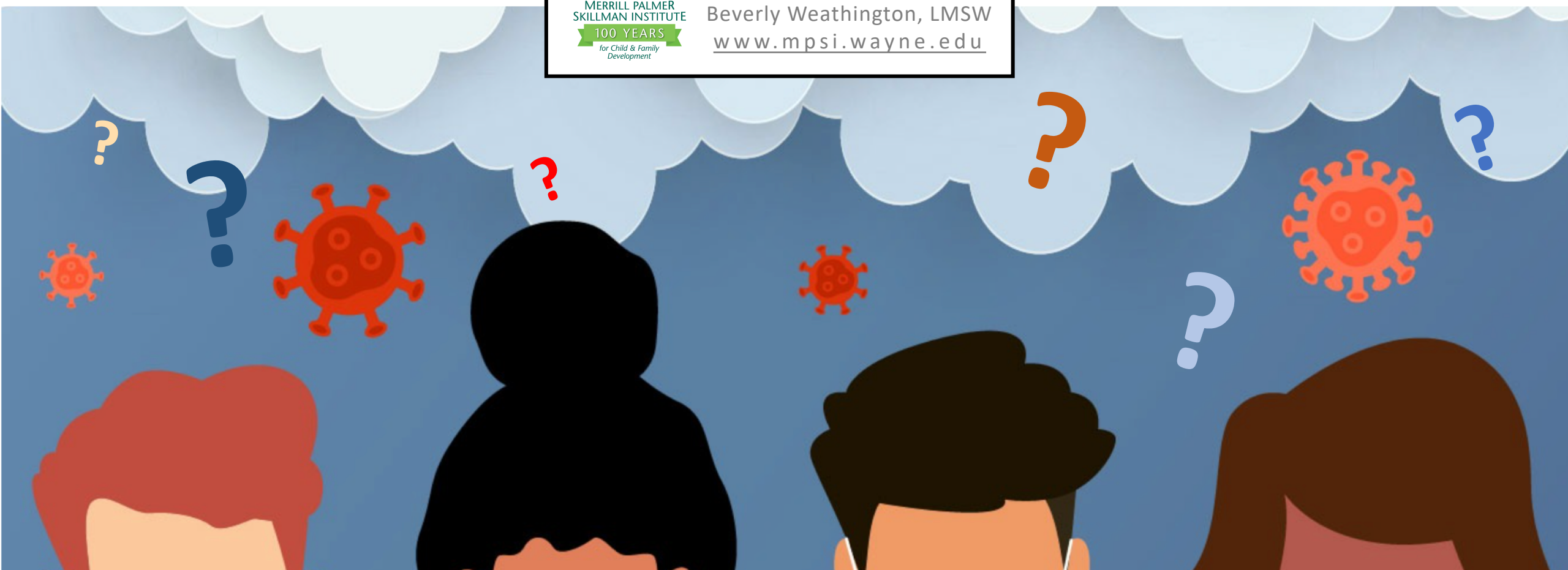


Parental Decision Making

During Covid 19



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Covid 19 – Critical Time in History

A novel virus

Many unknowns

Safety measures that are new to us

Emerging information

Differing thoughts and opinions



Decisions about Child's



HEALTH



SAFETY



ACADEMIC WELL
BEING



SOCIAL WELL
BEING

When Making Decisions Parents May Feel

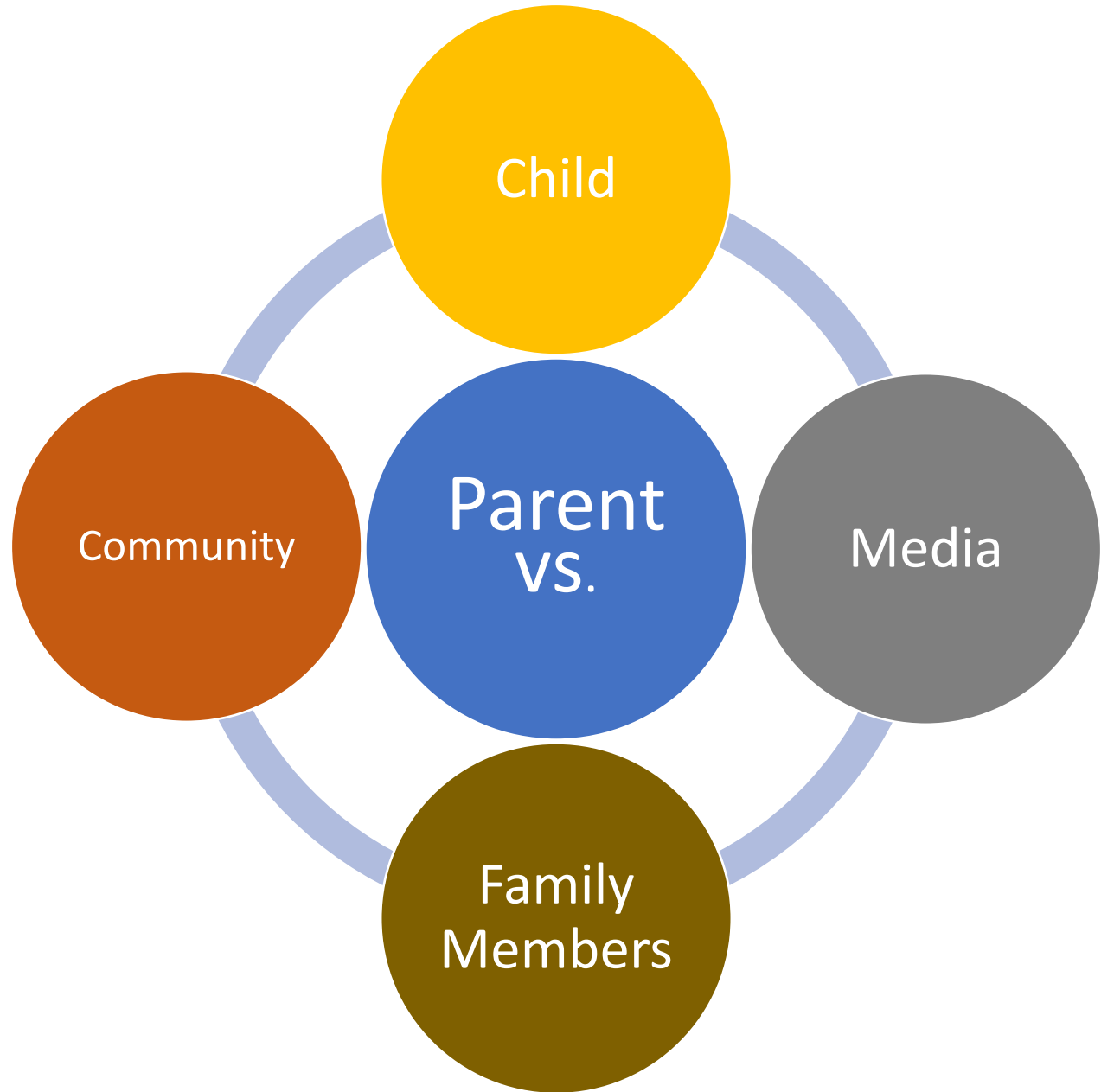
Frightened

Unsure

Uninformed

Overwhelmed

Conflicting Wants and Needs



Input from Others



TAKEN INTO
CONSIDERATION



EVALUATED FOR SAFETY
AND RELIABILITY



OPEN FOR
COMPROMISE

Why We Can Feel Stuck in Making Decisions

- This is so New
- Don't Want to Make Mistake
- Don't Want to be Judged
- Want to Consider Others
- Want Return to Normalcy
- So Much at Stake



Making Important Decisions

- Take Your Time
- Consider Your Priorities
- Explore Your Options
- Examine Your Resources
- Be Honest about Your Limitations
- Allow for Flexibility
- Trust your Instinct



Critical to Decision Making - Be Informed

- Trusted and Reliable Media Source
- Trusted Source for Questions
- Avoid Media Sensationalism
- Avoid Media Saturation



Evaluate Decision



Develop a Timeline

Is your Decision Working?

Does it Need Adjustments?

Does it Need to be Changed?



If you want more information about making decisions during Covid 19 contact:



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