

Back to School 2021



Preparing Yourself and Your Family

Return to In-Person Learning: Factors to Consider

1

Know the real facts about transmission of Covid 19

2

Learn about preventative measures to reduce transmission

3

Learn the facts about the vaccine

4

Inquire about safeguards that your school district has in place

5

Learn about the benefits of in person vs. virtual learning

Making the Decision: Sources of Information



Child's pediatrician

Trusted news source – not Facebook

CDC – with realization that information does change

Trusted and Informed family or community member



MERRILL PALMER
SKILLMAN INSTITUTE
100 YEARS
OF CHILD & FAMILY
DEVELOPMENT

Prepared by
Beverly Weathington, LMSW
www.mpsi.wayne.edu

The Decision Questions



Is it based on up-to-date facts

Are you feeling pressured by what others are doing

Have you sought answers to issues that concern you

What choice is best for your child's overall health, safety and social/emotional development



Schedules and Routines

In August start adjusting

- Bedtimes
- Mealtimes
- Reading/Study times



Be Prepared for Adjustment Period



After months of virtual/hybrid you may be back to:

- Getting kids up and dressed
- Preparing snacks/lunch
- School projects
- After school activity schedules

Return to School Impacts the Whole Family

Think about your own:

- Anticipation
- Excitement
- Questions,
Fears/Concerns

Think about your child's

- Anticipation
- Excitement
- Uncertainties

Working Collaboratively with School



- Schools are adjusting also. Remember:
 - The classroom environment has to make some adjustments/changes
 - There will be a settling in period
 - Educators have additional Covid related responsibilities
 - Exposures may occur

Setting the Stage for A Good School Year

Convey

Convey positivity about the upcoming school year to your family

Offer

Offer to help out at school in a way that you are comfortable

Ask

Ask questions rather than make assumptions about school related issues

Focus on

Focus on problem solving rather than blame assigning when there is a concern

Show

Show appreciation and kindness to teachers who have returned to the classroom

Back to School 2021



Preparing Yourself and Your Family